

Running Orientation

Teaching your dog to orient back to you is super useful to improve focus and to interrupt unwanted behaviors and to get your dog's focus off distractions.

Learning How To Boost Your Value

The starting point of training is your relationship. Dog's that have value in things choose those over things that have less value. They gravitate to the things they value in, and they are very good at showing us where the value is. Part of training, and especially your games, help you to build your value with your dog.

Because certain cues and behaviors are relationship based, it is important to do things that build your value on a daily basis. This means that you need to be fun, too. And it also means that you need to have flexibility with energy levels (as Aussies are an active breed) and also with rewards - food, play, toys, and fun!

Running Orientation Game

The running orientation game is such a fun game! You'll see the fun in the video! It teaches pretty intense focus and desire to drive back to you, so it is one of my number one recall games for sure. This is a great confidence building game in new environments, and enhances relationship, and builds great drive for coming to you! This is great to practice inside first. Then take it outside to a safe area and play. NO CUES! this is strictly for reinforcing the behavior and about making the right decision by your dog.

1. Put a treat on the ground.
2. As the dog eats the food....run away.
3. As soon as your dog runs towards you MARK that great choice.
4. As they reach you, put another treat on the floor and RUN.
5. Repeat.....work within your own physical limits.....if you want to give yourself more chance to move away, drop a few extra treats on the ground or scatter them a bit so it takes longer for your dog to eat them all up, giving you time to create separation.

Trainer Tip:

You can also think of this as a variation to your Movement Games, and working arousal levels. These two games pair up beautifully into one supercharged game/training session.

HAVE FUN!!!